

2016 Nordic Youth Sailing Championships
26-30 July 2016
Horsens sejlkлуб
Horsens – Denmark

SAILING INSTRUCTIONS

1. RULES

- 1.1** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* with prescriptions of the Nordic Sailing Federation. The prescriptions of the Danish Sailing Association will not apply
- 1.2** The Rules for Nordic Championships will apply.
- 1.3** If there is a conflict between languages the English text will take precedence.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) located at the race office in the club house.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0930 on the day it will take effect, except that any change to the schedule of races will be posted by 2030 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1** Signals made ashore will be displayed at the signal mast at the club house.
- 4.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

5. SCHEDULE OF RACES

- 5.1** Dates of racing and number of races:

<i>Date</i>	<i>Optimist</i>	<i>Zoom8, Europe and Laser 4.7</i>
26/7	Tune up race	Tune up race
27/7	3-4 races	3-4 races
28/7	3-4 races	3-4 races
29/7	Team racing	3-4 races
30/7	2-3 races	2-3 races

The race committee aims that one and only one day will be with four races.



Maximum number of races are 9 (excluding team racing) for Optimist and 12 for other classes.

- 5.2** The scheduled time of the warning signal for the first race each day is 1055 except of 26/7 where the warning signal for the tune up races are scheduled at 1255.
- 5.3** On the last day of the regatta no warning signal will be made after 1430.
- 5.4** If four races have been sailed in one day during the regatta, the race committee shall inform the competitors on the notice board by 2030 before another day where four races will be sailed.
- 5.5** Team race for Optimist will be governed by a separate set of sailing instructions, available at the race office by Thursday evening.

6 CLASS FLAGS

Class flags will be:

<i>Class</i>	<i>Flag</i>
Optimist girls	Yellow flag
Optimist boys	Green flag
Zoom8	Class insignia on white flag
Europe	Class insignia on white flag
Laser 4.7	Class insignia on yellow flag

7 RACING AREAS

Attachment A shows the location of racing areas.

8 THE COURSES

The diagrams in Attachment B and C show the courses, including the approximate angles between legs and the order in which marks are to be passed. Rounding marks shall be left to the port.

9 MARKS

- 9.1** Marks are yellow cylinders for the optimist class and orange buoys for other classes. The starting and finishing marks will be a boat in one end and either a boat or buoy in the other end.

10 THE START

- 10.1** To alert boats that a race or sequence of races will begin soon, the orange starting line flag in one end will be displayed with one sound at least five minutes before a warning signal is made.
- 10.2** The starting line will be between two staffs displaying orange flags.
- 10.3** Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.



10.4 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4 and A5.



10.5 If flag U has been displayed as the preparatory signal, no part of a boat's hull, crew, or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing but not if the race is restarted or resailed or postponed or abandoned before the starting signal. This changes rule 26 and A5. RRS 29.1 (Individual recall) does not apply. The scoring abbreviation for a flag U penalty is UFD. This changes RRS A11.

11 SHORTENING AND CHANGE OF THE NEXT LEG OF THE COURSE

11.1 To change the next leg of the course, the race committee does only need to show flag C and give repetitive sound signals. This changes RRS 33(a) and RRS 33(b).

11.2 The Optimist course will not be shortened and will not be changed during a race. This changes RRS 32 and RRS 33.

12 THE FINISH

The finishing line will be between two staffs displaying blue flags.

13 PENALTY SYSTEM

13.1 Appendix P will apply as changed by instruction 13.2 and 13.4.

13.2 Rule P2.3 will not apply and rule P2.2 is changed so that it will apply to any penalty after the first one.

13.3 Boats not racing shall avoid crossing racing areas where boats are still racing. This applies also for boats being towed.

13.4 All penalties under RRS P1 given in the practice race will be canceled after the race. This changes RRS P2.1, P2.2 and P2.3.

14 TIME LIMITS AND TARGET TIMES

14.1 Time limits and target times are as follows in minutes:

<i>Class</i>	<i>Time limit</i>	<i>Mark 1 time limit</i>	<i>Target time</i>
<i>Optimist</i>	75	20	50
<i>Zoom8</i>	75	20	50
<i>Europe</i>	75	20	50
<i>Laser 4.7</i>	75	20	50

If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).

14.2 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.



15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1** Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.2** For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 15.3** Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, beginning at the time posted.
- 15.4** Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 15.5** Breaches of instructions 10.3, 14.2, 17, 20, 22, 24 and 27 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.
- 15.6** On the last scheduled day of racing a request for reopening a hearing shall be delivered
- (a) within the protest time limit if the requesting party was informed of the decision on the previous day;
 - (b) no later than 15 minutes after the requesting party was informed of the decision on that day.
- This changes rule 66.
- 15.7** On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 15 minutes after the decision was posted. This changes rule 62.2.

16 SCORING

- 16.1** 3 races are required to be completed to constitute a series.
- 16.2**
- (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
 - (b) When from 5 to 9 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
 - (c) When 10 or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.
- 16.3** For Europe class, the low point system is changed, so a finishing place as number one only gives 0.75 points. This changes rule A4.1.

17 SAFETY REGULATIONS

A boat that retires from a race shall notify the race committee as soon as possible.



18 REPLACEMENT OF CREW OR EQUIPMENT

18.1 Substitution of competitors will not be allowed.

18.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.



19 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

20 EVENT ADVERTISING

Boats shall display event advertising supplied by the organizing authority if asked to do so.

21 OFFICIAL BOATS

Jury boats will be marked with a white flag with the letter J.
Press boat with camera is marked with a P.

22 SUPPORT BOATS

22.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

22.2 Support boats shall display national identification (national flag or country letters).

23 TRASH DISPOSAL

Trash may be placed aboard support or official boats.

24 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

25 PRIZES

Prizes will be given to sailor 1,2,3. in each class (medals) and there will be additional prizes for every 5 sailors. There will also be lottery prizes at the prize ceremony.

26 DISCLAIMER OF LIABILITY

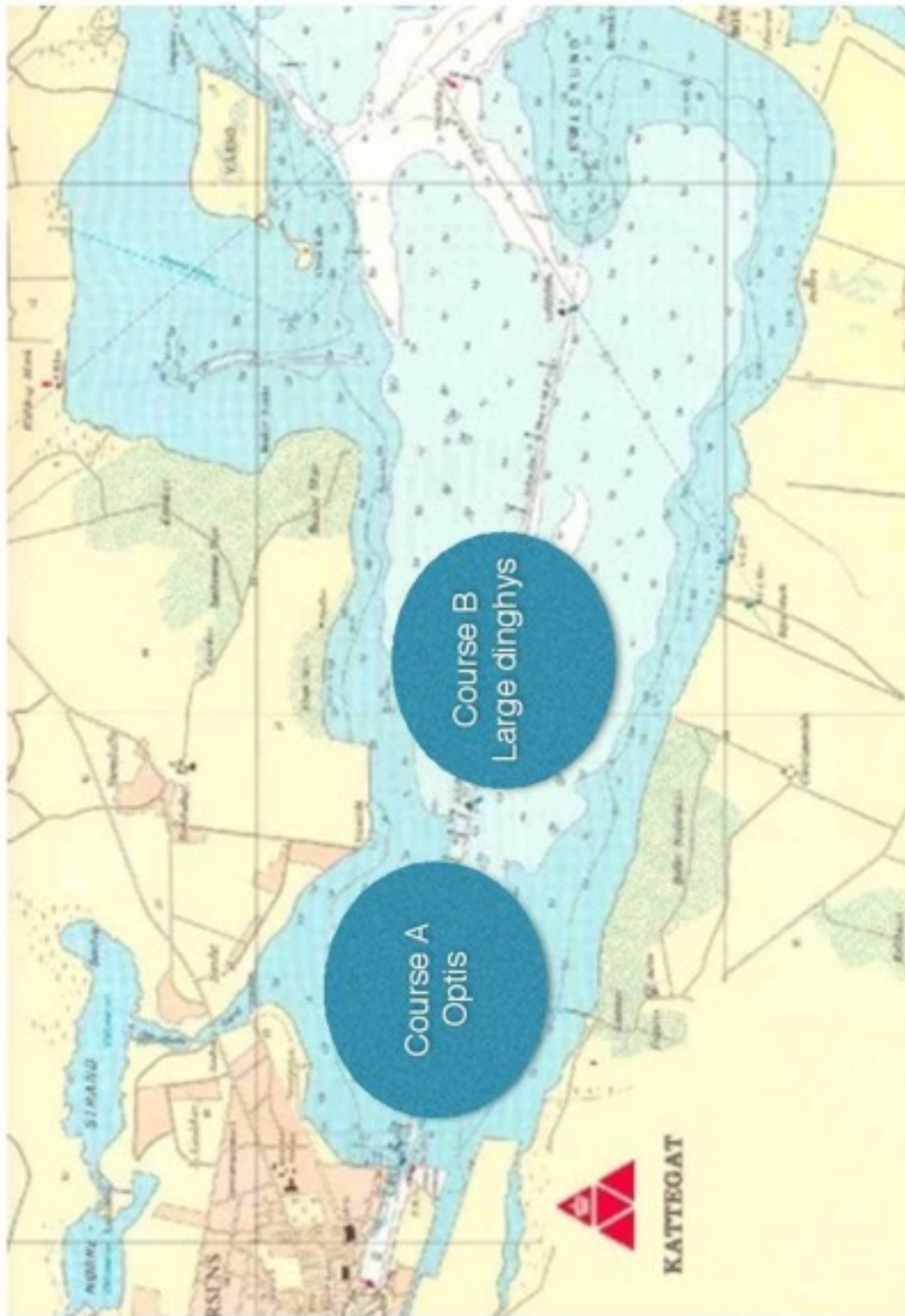
Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

27 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance.

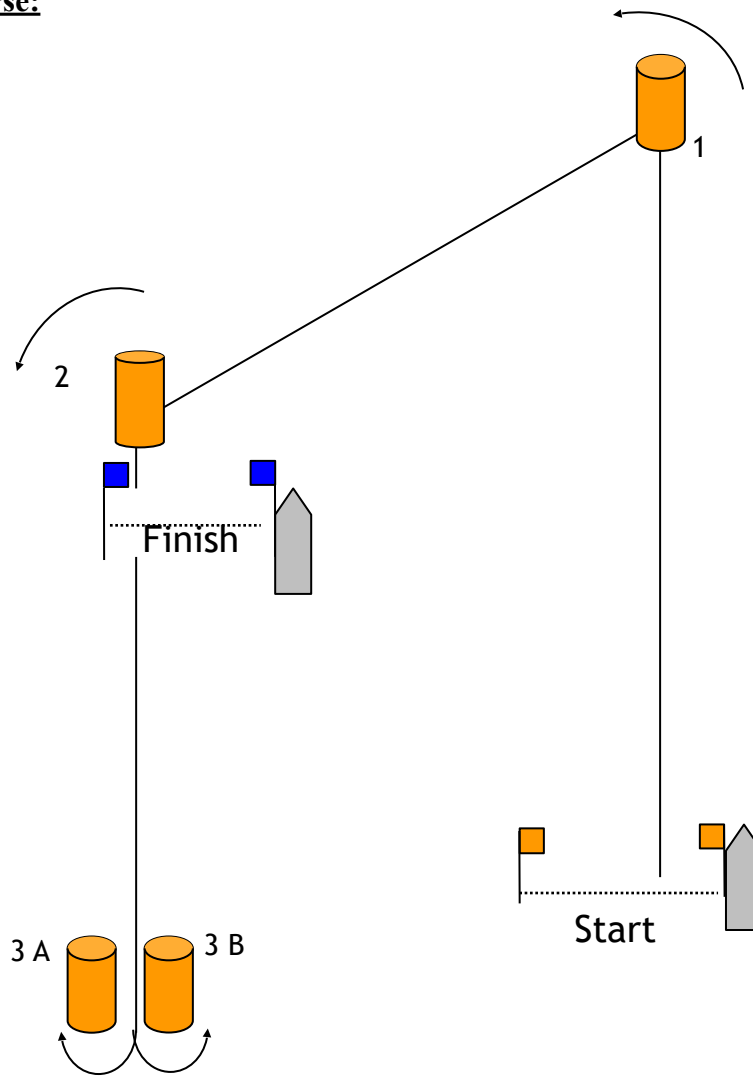


ATTACHMENT A



ATTACHMENT B

Optimist course:

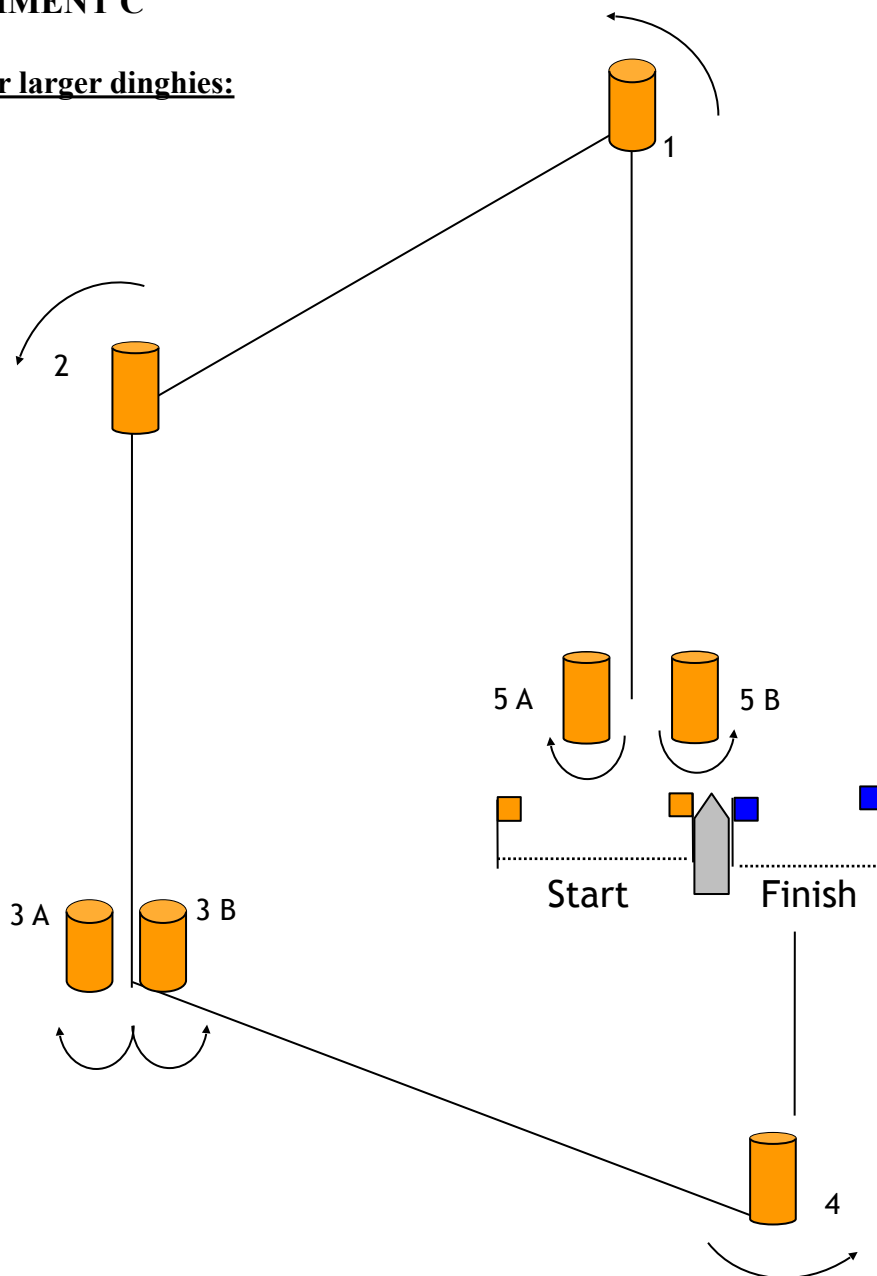


Mark rounding order:

Start – 1 – 2 – 3a/b – Finish

ATTACHMENT C

Course for larger dinghies:



If pennant 1 or no pennant has been displayed at the race committee boat at or before the warning signal, the mark rounding order is:

Start – 1 – 2 – 3a/b – 2 – 3b – 4 – Finish

If pennant 2 has been displayed at the race committee boat at or before the warning signal, the mark rounding order is:

Start – 1 – 5a/b – 1 – 2 – 3b – 4 – Finish

